





Checklist PREGNANCY DURING STUDIES

WHEN?	WHAT?	WHERE?	€ / month
Upon becoming aware of the pregnancy	Counselling on pregnancy/abortions	<i>Schwangerenberatung</i> (Pregnancy/-conflict counselling)	
	During pregnancy counselling: Request for funds for upcoming additional expenses from the Bundesstiftung Mutter und Kind (Federal Foundation Mothers and Child)	Pregnancy counselling centre (in HH: <i>Sozialdienst katholischer Frauen HH/HH-Altona, Diakonisches Werk</i>)	Flat rate based on unmet needs
	Check that costs for preventive medical examinations will be borne (diagnostic procedures, antenatal preparation)	Health insurance company	
	Midwife search	http://hebammen.info	
	Preventive medical examinations (every 4 weeks, thereafter more often)	Doctor/Midwife	
	Inform employer	Employer	
Week 10 to week 20	Registration for antenatal class	Midwife, <i>Mütterzentrum</i> , etc.	
From week 13	Mehrbedarf für werdende Mütter (additional needs for mothers-to-be) → § 21 section. 2 SGB II 	<i>Job-Center</i> (SGB II service provider)	€ 75,82 for single adult € 68,17 for adult with partner
	Erstausstattung bei Schwangerschaft und Geburt (basic equipment for pregnancy and birth) → § 24 section 3 SGB II 	<i>Job-Center</i> (SGB II service provider)	Flat rate based on unmet needs
In the meantime	Decision on student status (full time/part time/leave) + the financial consequences ; If working: Parental leave? 	Counselling Centre for Social & International Affairs – <i>BeSI</i>	In the case of leave/part-time status during studies: No <i>BAföG</i> !
	Decision on course structure pre and post-birth	Family Office, <i>Studienfachberatung</i> (university),	
	Request for Wohngeld (Housing Allowance) ----- respectively ----- In the case of leave/part-time status due to pregnancy: Arbeitslosengeld II (Unemployment Benefit II) if applicable  in addition, benefits from the Bildungspaket (education package) can be claimed	<i>Wohngeldstelle</i> ----- respectively ----- <i>Job-Center</i> (SGB II service provider) → Relevant counselling: Counselling Centre for Social & International Affairs – <i>BeSI</i>	<i>Wohngeld</i> : based on needs ----- respectively ----- Arbeitslosengeld II Basic needs per person € 446 for single adult € 401 for adult with partner + rent share per person + health insurance
≈ from week 26	Start of antenatal classes	Midwife, <i>Mütterzentrum</i> , etc.	
7 weeks before birth (week 33)	For Mutterschaftsgeld (Maternity Allowance): Doctor's certificate showing the start of the coverage period	Employer and health insurance company or Bundesversicherungsamt (German Federal Insurance Office)	Up to € 13/calendar day or a one-off € 210
6 weeks before birth (week 34)	Start of Mutterschutz (maternity leave)	Doctor, employer	
BIRTH			

 Generally not applicable to students holding a residence permit as per Section 16 of the *Aufenthaltsgesetz* (Residence Act)

Formalities	Health	Financing	Course structure	Childcare
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Checklist STUDYING WITH CHILDREN

BIRTH			
WHEN?	WHAT?	WHERE?	€ / month
Up to 1 week after birth	Request for parental leave	Employer	
Straight after birth	Official registration of the child (receipt of the Geburtsurkunde - birth certificate)	Registry office	
After receiving the birth certificate	Request for health insurance for the child	Health insurance company	
	Request for Kindergeld* (Child Benefit)	<i>Familienkasse</i> (Family Benefits Office at the Federal Employment Agency)	€ 219 for the 1st + 2nd child € 225 for the 3rd child € 250 for additional children
	Request for Elterngeld* (Parental Allowance)	<i>Elterngeldstelle</i> (Parental Allowance authority)	At least € 300 (12-14 mon. + 4 additional months if applicable)
	Request for BAföG-Kinderbetreuungs-zuschlag (BAföG Childcare Allowance)	BAföG office	€ 150 per child under 14 years
	Request for Wohngeld (Housing Allowance) and/or Kinderzuschlag (Child Supplement) ----- respectively ----- subordinate to SGB II services : Request for Sozialgeld (social welfare payments) for the child and in the case of leave/part-time status: Arbeitslosengeld II (Unemployment Benefit II) for the parent caring for the child in addition, benefits from the Bildungspaket (education package) can be claimed	<i>Wohngeldstelle</i> and/or <i>Familienkasse</i> ----- respectively ----- <i>Job-Center</i> (SGB II service provider) → Relevant counselling: Counselling Centre for Social & International Affairs – BeSI	<u>Wohngeld</u> : based on needs <u>Kinderzuschlag</u> : up to € 205 ----- respectively ----- <u>Sozialgeld bzw. ALG II</u> Regelbedarf pro Person € 283 for child 0–5 years € 309 for child 6–13 years € 373 for child 14–17 years € 357 for child 18–24 years € 446 for single adult € 401 for adult with partner + rent share per person + health insurance
	For single parents: Check child's and mother's entitlement to Unterhalt (child support/alimony)	<i>Jugendamt/Beistandschaft</i> (Youth Welfare Office), ÖRA, lawyer, notary	Guideline: <i>Düsseldorfer Tabelle</i>
	For single parents: Request for Mehrbedarf für Alleinerziehende (additional need for single parents) → § 21 section 3 SGB II	<i>Job-Center</i> (SGB II service provider)	€ 160,56 for 1 child under 7 € 53,52 for 1 child older than 7 € 160,56 for 2 children up to 16 (income-dependent!)
	For single parents: Request for Uterhaltsvorschuss* (child support advance)	<i>Jugendamt</i> (Youth Welfare Office)	€ 174 for child 0 – 5 years € 232 for child 6 – 11 years € 309 for child 12 – 17 years
	for Mutterschaftsgeld (maternity allowance): Submission of birth certificate	Employer, health insurance company	
	Request for Kinderfreibetrag (tax free amount), change of tax category if applicable	<i>Finanzamt</i> (tax office)	
8 weeks after birth	End of Mutterschutz (maternity leave)	Doctor, employer	
After birth	Decision on student status (full time/part time/leave) + the financial consequences : If working: Parental leave?	Counselling Centre for Social & International Affairs – BeSI	In the case of leave/part-time status during studies: No BAföG!
	Decision on course structure pre and post-birth	Family Office, <i>Studienfachberatung</i> (university),	
	Check financing options and parent contributions for child care, In Hamburg: Request for Kita-Gutschein (day care voucher)	In HH: <i>Bezirksamt</i> Elsewhere: <i>Jugendamt</i> (Youth Welfare Office)	
	Registration for child care (day care centre, alternative day care, flexible care)	<i>Kita, Tagespflege</i> , providers of flexible day care	

* International students with residence permit as per section 16 Residence Act may be entitled to these benefits, if they were **working previously**.

